

UNITED WE CAN



FOOD DRIVE & CAN SCULPTURE CONTEST

Join us to kick off United Way of Southern Maine's
2023 Community Campaign with the United We
CAN Food Drive + Sculpture Contest benefiting
Wayside Food Programs & Youth Full Maine.

MOST NEEDED ITEMS:

Food:

- Kids' Snacks
- Peanut Butter
- Cereal & Oatmeal
- Flour
- Sugar
- Cooking Oil
- Cornmeal
- Basmati or Jasmine Rice
- Dried Black, Kidney/Pinto Beans
- Canned Veggies-Preferably Pop Top
- Soup-Preferably Pop-Top
- Tomato Sauce
- Pasta
- Macaroni & Cheese
- Baby Food & Formula
- Chef Boyardee-Type Pop-Top Canned Meals
- Instant Meals and Sides
- Granola Bars

Personal Hygiene Supplies:

- Toothbrush
- Toothpaste
- Bar of Soap
- Shampoo
- Conditioner
- Body Lotion
- Deodorant
- Feminine Hygiene Products (Tampons, Pads, Menstrual Cups)
- Razor
- Lip balm
- Hand Sanitizer
- Tissues
- Nail Clippers
- Hair Ties

**FRIDAY, SEPTEMBER 15
THOMPSON'S POINT**



REGISTER NOW:
uwsme.org/fooddrive